

CORE CONNECTION BREATHWORK

NEW ZEALAND

3 day Seminar

8/9/10th August

Core Connection to Self, Creating Loving Relationships and Family Constellations ...
each day will incorporate a Core Connection Breathwork session.

Contact Caroline for further details ...

AUSTRALIA

Core Connection to Self (thro the Innerchild)

Love of Self

June 20th, Sept 12th, Nov 21st

Any therapy must go to the source, and the source of our lives is our parents and our family system. It is here we developed our *SELF*, learnt about love, relationships, giving and taking, and formed our INNER BELIEF SYSTEM (the thinking that's running or ruining our life).

Creating Loving Relationships

Love for others

May 2nd, Nov 24th

Learn how to negotiate conflict to make win win agreements that support ongoing harmony. There are key stages of development in healthy relationships, understanding these stages can assist you to navigate your way as a couple through change in a productive and healthy way. One good definition of success is - *Living where you love, with whom you love, doing what you love.*

Family Constellations

Love in Family Systems

July 18th, Oct 24th

Fabulous learning's around the blocks to harmony in relationships. Incredibly valuable for anyone dealing with issues in blended families, adoption, grief and loss, divorce, unresolved entanglements with past relationships/family of origin, understanding the cause of health or weight challenges, infertility or depression.

*** All these are 3 day live in workshops in a beautiful location overlooking the beach on the Central Coast Cost \$625**

**Support Group and CORE CONNECTION BREATHWORK TRAINING
FOR ONGOING CONNECTION THROUGHOUT THE YEAR attend casually or come to all!
April 12/13th, June 7/8th, August 16/17th, September 26/27th, October 18/19th,
November 15/16th**
